

GLOBAL VISIONARIES

DR. KEALY'S NATURAL PROGRAM AS AN ALTERNATIVE TO HORMONE REPLACEMENT TREATMENTS IS HELPING WOMEN AND IMPROVE THEIR LIVES

BY LILLIAN LANGTRY

All too often, women are told that feeling overweight, moody, asexual, tapped out, dried up, stressed out, and sleep deprived is just part of being female. Or they are led to believe that the answer can be found in taking hormone replacement treatments (HRT) or bioidentical hormone replacement therapy (BHRT).

Dr. Siobhan Kealy, a nationally recognized women's health expert, refuses to accept that being a woman means feeling overwhelmed and that taking hormone replacement therapy is the answer. In her Westchester, NY Weight Loss Center, Dr. Kealy offers an exciting, innovative, and all-natural weight loss program for women 40 and older that has helped thousands of women reclaim wellness, vitality, and optimal health.

"The use of hormones to help control symptoms like fatigue, bloating, low sex drive, and thinning hair is very controversial. Some women swear by its beneficial effects, while others remain fearful of potential long-term side effects. When it comes to the effectiveness and safety of hormone replacement therapy, studies show mixed results. The FDA States that it's 'concerned' that BHRT claims mislead women and

healthcare professionals, giving a false sense of assurance about using potentially dangerous hormone products", states Kealy.

She continues, "In my opinion, while hormone therapy might be better than some other options, any type of hormone replacement therapy is not an ideal treatment approach. My advice is that in most cases hormone replacement therapy is not completely necessary, and I would highly suggest to most women to avoid it and seek out natural alternative treatments." Dr. Kealy has treated thousands of women with all-natural alternative plans, and most have achieved astonishing results without being exposed to the many long term and adverse effects that HRT patient's risk.

Combining natural therapies with rigorous scientific testing and comprehensive lab work helps Dr Kealy identify the common causes of hormonal imbalances and abnormal weight gain. "As a functional medicine doctor, I address fat loss and fat loss resistance from a completely different approach than traditional HRT practitioners. I correct key hormones that are known to fluctuate and disrupt a woman's weight, appetite, and satiety signals during her pre/ menopausal stage. I break the systemic inflammation cycle that is a leading cause of aging, heart disease, cancer, diabetes, dementia, and more. And it's also by far the major contributor to obesity. Being FAT is being INFLAMED!", says Kealy.

Optimizing nutrition, customizing fitness, managing stress, reducing systemic inflammation, and improving your lifestyle, will effectively transform the way you look and feel. Over 84% of Dr. Kealy's patients achieve permanent, sustainable weight loss, balanced hormones, and recapture their youthful zest, vibrancy and passion for life. Without any side effects!

For more information, visit www.doctorkealy.com

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